FRENCH BIKE TOURS

FRENCH BIKE TOURS - EMAIL: INFO@FRENCH-BIKETOURS.COM - TELEPHONE +33 (0)553242210 - WWW.FRENCH-BIKETOURS.COM



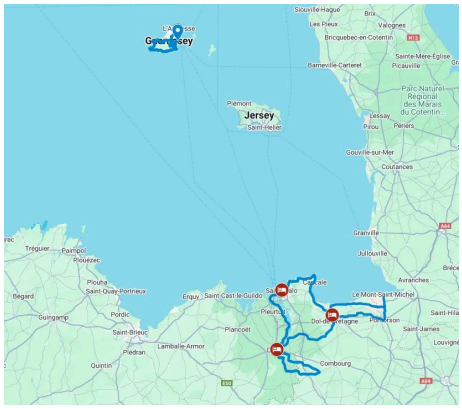
NATURE , CULTURE , COAST

type :	Self-guided Round trips Easy cycling Electric bike option
hybrid :	●●○○○
e-bike :	●◐○○○
duration :	8 days
comfort :	●●●◐○
period:	Feb Mar Apr May Jun Jul Aug Sep Oct
code:	FRSB312

Cycling the Emerald Coast of Brittany

8 days, *€ 830*

Introduction



Through the Breton country of dark granite and emerald- green sea. To Le-Mont-Saint-Michel on quiet tracks with sea views. Along the river Rance to picturesque Dinan and the 'pirates-nest' of Saint Malo. And for gourmands/ seafood lovers: fresh fish, mussels and salty oysters.

Check out our video to discover Mont-Saint-Michel:

You can start this trip any day of the week, except Sundays, and Mondays.

Day to Day

Day 1 **Arrival in Mont-Dol**

Arrival in Mont-Dol, a flower-bedecked village, situated at the foot of a granite rise in the otherwise flat countryside of this part of the Breton coast. You can take nice walks to the top of the Mont-Dol, from where, in clear weather, you have a wonderful view of the polders and the hills inland.

Day 2 **Cycling roundtrip via Mont-Saint-Michel**

By way of a beautiful route through the undulating hinterland you reach, via Dol-de-Bretagne, the small town of Pontorson. Then via a clearly marked track cycling to Le Mont-Saint-Michel is very relaxing. The age-old pilgrimage site with an impressive abbey on a rock protruding into the sea. The 'Mont' is very touristic but certainly worth a visit. Then via the Digue de la Duchesse Anne through a flat polder landscape to the bay near Chapelle St. Anne. Finally, the route takes you back inland to the starting point.

Challenge: 68.4km, 182m ascent, 182m descent

Day 3 **Mont-Dol - Saint-Malo**

A wonderful trip along the bay of Saint-Michel with on the way quite often beautiful expansive sea views. You pass the lively fishing village of Cancale, known for its oysters. The oyster banks can be visited when the tide is out. At eateries and restaurants, you can feast on seafood. The Breton coast here isn't suitable for a visit to the beach. However, on the other side of the peninsula, after a stiff climb, you will find a wonderful golden beach. Along the coast on a quiet path you cycle to the lively port of Saint-Malo.

Challenge: 43.7km, 184m ascent, 179m descent

Day 4 **Cycling roundtrip around Saint-Malo or Roundtrip to Guernsey**

Today you can spend your time in the historic town of Saint-Malo or cycling around the local area. The walled imposing fortress, the ports, the pleasant shopping streets and the beaches make sure you won't have a dull moment.

Saint-Malo Challenge: 30.7km, 249m ascent, 248m descent

Optional: Roundtrip to Guernsey

Take the ferry from Saint Malo to the beautiful British island of Guernsey. Once you disembark, head out west to enjoy the magnificent western shoreline before enjoying the southern part of the island. Enjoy beautiful beaches, churches, chapels and more on scenic routes riding your bicycle.

During peak season, a ferry takes you and your bike to the island every two days, embarking in the morning and taking you back to the mainland in the evening.

Please, be mindful that the ferry ride to the island and back is not included in the tour, check www.condorferries.fr/ for the timeline and prices.

Challenge: 48.5km, 480m ascent, 482m descent

Day 5 **Saint-Malo - Dinan**

A small ferry boat takes you from Saint-Malo to fashionable Dinard. From here you head south on a clear track, straight as an arrow, a former railway, taking you alternately through villages in the country and quiet scenery. After this 'Voie Verte' quiet paths take you through green hills of the Breton countryside to Taden castle. A track alongside the Rance takes you to the picturesque Port of Dinan, the town is situated somewhat higher and has a wonderful historic centre.
Not in the mood for a cycle ride today? In the tourist season, a boat goes daily from Dinard to Port Dinan, and you can take your bikes with you.

Challenge: 26.2km, 139m ascent, 140m descent

Day 6 **Cycling roundtrip via Canal d'Ille et Rance**

The town of Dinan offers a lot of opportunities to spend a day there. There are many galleries, shops, restaurants and terraces. In addition to this you can also go for a ride through the green Breton hills, south of Dinan. On the way, you sometimes imagine yourself to be in South English Cornwall. The massive, black grey granite farmhouses are striking, in summer often surrounded by splendid blue hydrangeas. For a great part of the route you follow the tow path along the Canal d'Ille et Rance, a lovely and quiet track with on the way some locks and villages. It's simple to cut short the route if necessary.

Challenge: 48.8km, 385m ascent, 379m descent

Day 7 **Dinan - Mont-Dol**

You start in a relaxed way on the track along the Rance. After a dam, where the enormous contrast between tides is remarkable, you have to step on it to get up out of the valley. Through undulating farmland, you go on to the old, once prosperous (cathedral) city Dol-de-Bretagne. Here you can admire the impressive Menhir du Champ-Dolent. Also visit the beautiful St. Samson Cathedral, dedicated to one of the seven Breton saints and walk the Grand Rue des Stuarts amongst magnificent old houses from the 12th and 13th century. From here it's not far to Mont-Dol where your trip ends.

Challenge: 43.8km, 263m ascent, 268m descent

Day 8 **Departure from Mont-Dol**

After breakfast end of the trip.

Prices, Data, Booking

Starting dates:
Daily from April 01 till October 31
Of course you can also book extra night(s) during the trip. We can give you these prices on request. Please mention where you would like to add extra night(s).

Practical Info



7 Nights included



3* hotels and charming B&B



Breakfast is included every morning.
Halfboard optional on request.



Maps and tourist information on all the places of interest



24/7 Bilingual Emergency hotline



Luggage transport to your next accommodations. Luggage accepted per person: 1 suitcase or travel bag (20 kg maximum)



For time tables and further information check the **website of SNCF** or **rome2rio** for all French National trains (SNCF).
We strongly advise you to **download the sncf mobile app** prior to departure.
If you want to travel on a train with your bike, you can find more information **via this link.**



Parking possibilities at the first accommodation in Mont-Dol



GPS tracks are available on request