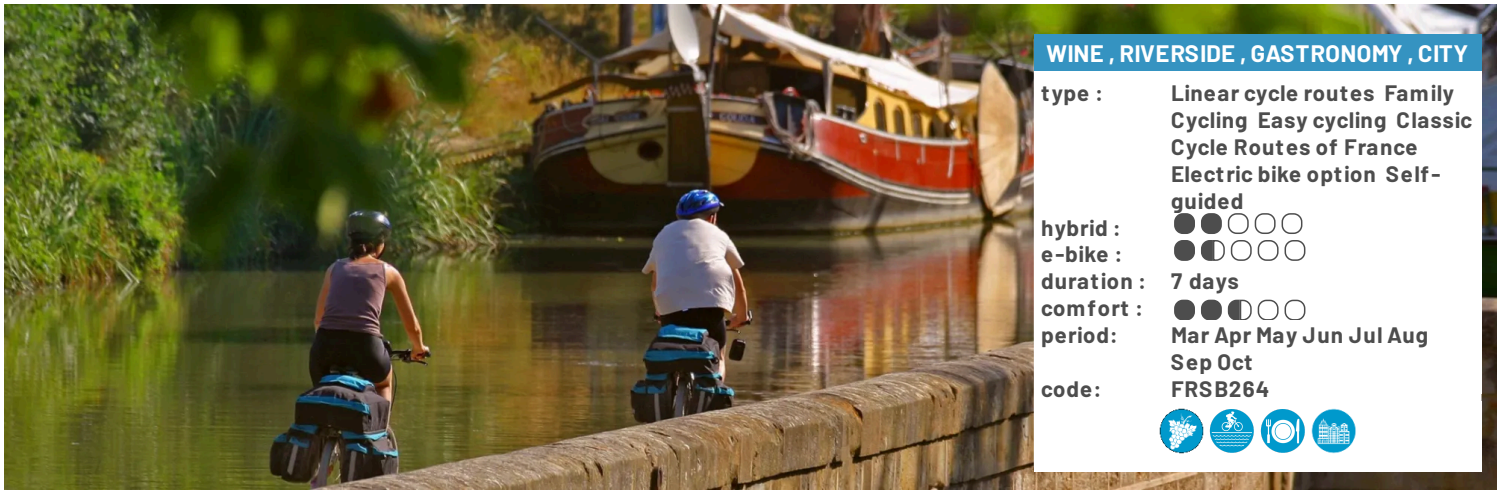
FRENCH BIKE TOURS

FRENCH BIKE TOURS - EMAIL: INFO@FRENCH-BIKETOURS.COM - TELEPHONE +33 (0)553242210 - WWW.FRENCH-BIKETOURS.COM



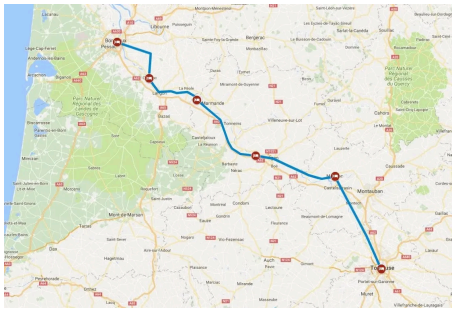
WINE , RIVERSIDE , GASTRONOMY , CITY

type :	Linear cycle routes Family Cycling Easy cycling Classic Cycle Routes of France Electric bike option Self-guided
hybrid :	●●○○○
e-bike :	●◐○○○
duration :	7 days
comfort :	●●◐○○
period:	Mar Apr May Jun Jul Aug Sep Oct
code:	FRSB264

Canal de la Garonne - from Bordeaux to Toulouse

7 days, *€ 850*

Introduction



Pack smart, save more. Choose to cycle without luggage transfer and receive a €110 sustainability discount on your Garonne adventure. Simply enter code BEGREEN-GARONNE in your booking form.

- Discover an authentic region, between vineyards and bastides, along the **Canal de la Garonne**
- Explore **Bordeaux** and discover its architecture dating from the 18th century and the Middle Ages
- Visit **Toulouse, " the pink city "**, and discover the famous Place du Capitole
- Taste the famous **Bordeaux and Côtes de Bordeaux wines**
- Savor the "**terroir cuisine**" of the Southwest

The Canal de la Garonne and **the Canal du Midi** used to be the shipping connection between the Atlantic ocean and the Mediterranean sea. Many peaceful routes run along this canal to explore the South-West. From Bordeaux to Toulouse, enjoy **7 days of cycling** through vineyards, bastide towns and unspoiled countryside, along safe paths.

You will start your trip in the charming city of **Bordeaux, a UNESCO World Heritage Site**. Explore its streets, alleys and squares, each more charming than the last, and stroll along the quays of the Garonne. Bordeaux is known as the **"wine capital" of France**. Before leaving the city, sample the region's wines (Saint-émilion, Pomerol, Fronsac...) and visit the "Cité du vin" with its restaurant offering panoramic views over the city.

The Canal de la Garonne will be your guide through the South-West, taking you to **Toulouse**, also known as **"The pink city"**, where you will discover the famous Place du Capitole. We advise you to extend your stay in order to take the time to visit the beautiful city of Toulouse.

Savour the local cuisine of the South-West: try the famous cannelé in Bordeaux, a small 'cake' recognizable by its cylindrical shape, flavoured with rum and vanilla; and eat a traditional cassoulet in Toulouse: a must when exploring the city...

*If you would like more inspiration, check out this article: **5 best cycling routes in France***

Check out our video to discover Bordeaux :

*We offer several possibilities for cycling along the **Canal des 2 Mers by bike**, with different durations and stages. Discover all our trips: **here**.*

Day to Day

Day 1 **Arrival in Bordeaux**

Today you travel to Bordeaux by train, plane or car and settle in at your comfortable centrally-located hotel. Easy connections using public transport (tram or shuttle) are available. Be sure to get there early to leave time to explore Bordeaux, a very pleasant town on the banks of the River Garonne.

Day 2 **Bordeaux - Cadillac/Podensac**

After breakfast your cycling adventure starts! Your first days route takes you quickly out of town, via a cycling path on the right bank of the Garonne. In Latresne you turn north, following a disused railway track. At the Romanesque abbey in La Sauve you turn southward on quiet tarmac lanes to reach the town of Cadillac.

Challenge: 47.9km, 216m ascent, 208m descent

Day 3 **Cadillac - Meilhan-sur-Garonne**

You start off again today on winding inland lanes, to avoid the busy road between Cadillac and Saint Macair. You will have to do some ascents, but a rewarding landscape awaits: impressive estates, vineyards and tiny typically-French villages. After a visit to the Bastide de St Macair, you cross the Garonne to the beginning of "la véloroute des Deux Mers" - your cycling route "between two seas". Accommodation tonight at a charming chambre d'hôtes in Meilhan-sur-Garonne.

Challenge: 44.8km, 291m ascent, 245m descent

Day 4 **Meilhan-sur-Garonne - Agen**

Today you follow the Canal de la Garonne, cycling on the flat from Meilhan-sur-Garonne all the way to Agen. Enjoy the shade of ancient plane trees and take time to make small detours along the way. Savour a cup of coffee in the beautiful village square in Damazan, with its fortress and historic arcades. Another stop could be Tonneins, worth the 10km detour for its lovely square on the banks of the Garonne and a wide choice of restaurants, cafés and shops.

Challenge: 69.8km, 154m ascent, 156m descent

Day 5 **Agen - Moissac**

After leaving the city of Agen, you will continue along the canal to Valence d'Agen, this is another beautiful town, with curious round washhouses. Your last section is peaceful once again, as you fully enjoy the scenery on your way to the historic town of Mossaic, a UNESCO world heritage site and important stop on the "Chemin de Saint Jacques" arriving from Geneva, with the 11th-century Abbey of St Pierre and its stunning cloister.

Challenge: 47.1 km, 73m ascent, 55m descent

Day 6 **Moissac - Toulouse**

Via the beautiful Pont-Canal du Cacor you cross the river Tarn and reach Castelsarrasin with its small port and 13th century Abbey of Belleperche. In the shade of old plane trees you now follow an uninterrupted, quiet track towards the centre of Toulouse. The last kms as you arrive in this 'pink' town are somewhat noisier. There's a lot to see on the way: the water slope in Montech, the special Ponts-Jumeaux and the junction of 3 canals. After Grisoles with its brick houses you reach the historic Castelnau-d'Estrétefonds. From here you can, if you wish, cover the last 25 km of this 'Canal de la Garonne' route by train.

Challenge: 69.7km, 109m ascent, 25m descent

Day 7 **Departure from Toulouse**
End of your trip after breakfast. We advise you to extend your stay in order to take the time to visit the beautiful city of Toulouse, "la Ville Rose".

Prices, Data, Booking

Starting dates:
Daily from April 01 till October 31
Of course you can also book extra night(s) during the trip. We can give you these prices on request. Please mention where you would like to add extra night(s).

Practical Info


6 Nights included


2*/3* and 4* hotels or B&Bs


Breakfasts and 1 dinner included during the trip (day 3)


Maps and tourist information on all the places of interest


24/7 Bilingual Emergency hotline


Luggage transport to your next accommodations. Luggage accepted per person: 1 suitcase or travel bag (20 kg maximum)


For time tables and further information check the **website of SNCF** or **rome2rio** for all French National trains (SNCF).
We strongly advise you to **download the sncf mobile app** prior to departure.
If you want to travel on a train with your bike, you can find more information **via this link**.


Parking information on request

We will supply the directions of this trip with a personalized code which gives you access to our travel App.